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Gwinnett- based concierge company adds surgery recovery to its list of services

Snellville, GA – Xtra Pair of Hands, LLC was founded in 2006 with the specific purpose of providing assistance to busy professionals, and is now pleased to announce the launch of its surgery recovery concierge service. The purpose of this service is to assist patients recovering from surgery in running errands while following their doctor's orders.

According to president and founder Kym Smith, "Life goes on even when you have surgery; therefore, we offer time saving solutions to patients."

Ms. Smith further stated, "Hiring a personal assistant after surgery is a necessity to help transition back into your daily routine. Our team of experienced, professional, qualified assistants will help you while recovering from cosmetic surgery, dental surgery, automobile accidents or child - birth. Overall, we would assist you with your daily chores so that you can get back on your feet quickly."

Research continues to indicate that having surgery is often a private matter and patients therefore elects to keep such procedures a secret from family members and close friends. This perceived stigma greatly affects the patient's ability to receive quality post-surgery care.

Healthy lifestyle changes following surgery that focus on taking complete care of the body, following doctor's orders, taking medication as prescribed and maintaining healthy eating habits significantly reduce the burden among patients. Therefore, the goal of Xtra Pair of Hands is to allow patients to make a full recovery knowing that their daily errands are not neglected.

"Our team includes a registered dietitian, a certified massage therapist, a personal trainer and a licensed consulting physician to help you return to normalcy quickly." said Ms. Smith.

Some of the services provided by Xtra Pair of Hands, LLC are transportation to and from surgeon's office, picking up prescriptions from the pharmacy, grocery shopping, nutrition counseling, and light housekeeping, taking care of pets, maintaining weekly laundry, and helping with daily errands. Access to personal stylists, massage therapists, and personal trainers are also available. Around-the-clock or visiting personal assistants are available depending on patients' needs and doctor's advice.

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To learn more about these services, please contact Kym Smith at (404) 819-6724 or visit the website at www.xtrapair.com.